### Guard Allie Quigley Media Availability July 16, 2020

# WWY WY

#### On her experience so far in Florida

"We got our bikes so it's just been fun to go on bike rides with the team to and from the gym. Just have good quality time with them and just getting back on the court makes you feel like things are a little bit more normal."

#### On life in the bubble

"Yeah, like I said it's been fun just to experience this altogether. It's new for everyone. So, just the first of, 'Oh let's see how the food is, let's check out our new place, let's get our bikes and figure out where the gym is.' So I think it's just been fun to do that together and just have that feeling of we're in this together and we're going to make the best of it which I think we've done a great job of as a team. Just gelling as a team, I think we've done a lot better than I thought we would. It feels just really comfortable and familiar with a lot of the players we've had from previous years and Azurá [Stevens] and Ruthy [Hebard] have just kind of fit in really well with us."

## On if there's an aspect of her game that she's focused on more

"I think just like being aggressive from the get-go. I'm just trying to find a good balance between doing the right plays and making sure we run the offense well, getting everyone involved to OK Allie just be aggressive. So I'm just trying to find a good balance between that."

#### On who is the messiest roomate in her villa

"I'm not gonna lie, it's probably me. I leave like bottles out a lot. I'll just be drinking a water bottle and leave it out. There's probably five or six on the counters right now...I leave like a little bit in there. I don't know why I just can finish it."

#### On the importance of a fast start

"Yeah, I think we realized that even with like a 34-game season. It kind of always feels like if you start good, you're going to have a good season. It's even more right now but at the same time it's like we got to get things right. We've been kind of saying it's a marathon not a sprint. Just in terms of you don't want to rush too much and just play ugly basketball. We're trying to find a good balance but we all realize that if we start well then it's going to be good for us."

## On if the different practice courts have been an issue for her shooting

"It's not a big deal, I don't think. All the courts, there's like three or four courts here but they all look the same to be honest. So, it hasn't been like a problem with getting the shots up and feeling uncomfortable."

## On if she'll be in normal game shape prior to the season opener

"I think I will. Our practices have been tough. We've been building up our conditioning, playing up and down for three minutes then five then seven then nine then 10. I think we're going to keep building up just to make it as game-like as possible so I think by the time the first game comes I think we should be good."

## On what has been the biggest challenge for her to prepare for this season

"Probably the toughest part-just not even basketball related-just like everyone is having to deal with is just like not seeing their family-getting pictures of them living their life. I'm luckily from Chicago. We have our season and I usually get to see my family and everything so that's like probably the toughest part. I think there's easier parts too, just no travel and no hotels, you always get to be at your home here. So, I mean there's good and bad parts but that was probably the toughest for me."

#### On the impact of no traveling

"I think it'll be nice just for our bodies to be able to recover faster, considering we're probably going to have a game every other day for a little while. So I think it'll help with recovery."

