

POSTGAME QUOTES



SKY GENERAL MANAGER & HEAD COACH JAMES WADE

On what Seattle gave the Sky tonight:

"I mean, I don't know if we buy the Kool Aid that people think we're good but we're just not a good defensive team right now. We're trying to find some solutions but it all comes down to effort. I've never been in a situation like this where we're just giving teams so much stuff, whether it be from our turnovers or whether it be from face-cuts or straight line-drives. We're just not connected as a defensive group and offensively, when we give the ball to the other team it just handicaps us."

On the differences between the first and second half:

"The issue is [Courtney] [Vander] Sloot has to sit down at some point. OK. And when Sloot sits down everything just tumbles. We're trying to find a solution for that. But it's difficult, you have the best point guard in the world. She keeps going when they make a run but you know you want to rest her, especially with all these compacted games and so when we compact games we know that we can't play her a certain amount of minutes, and they make a run when she comes out the game, and it happened two times tonight and it's just after you put her in and then after it's just the game gets a little lost."

SKY FORWARD RUTHY HEBARD

On her minutes increasing:

"I think I'm just trying to still get in the flow of things and just try to help my team out. I'm really just focusing on trying to be a spark off the bench and doing whatever they need to do, kind of get that energy up."

On her competitiveness:

"I mean I'm just trying to go out and be competitive. I was trying to tell myself, no matter if we're down or up, when I'm in I just want to learn as much as I can and take an experience and try to learn. So no matter if we're down or up I'm just going to go out and play as hard as I can so I can get better and help out the team."

SKY FORWARD CHEYENNE PARKER

On what changed between the first and second half:

"We just weren't playing well in the first half at all so we tried to come back strong, starting in the second half, but it wasn't enough."

On what the team needs to fix heading into Wednesday's game:

"We definitely need to go back and watch this game to see where we can improve defensively, offensively. We need to limit turnovers. It's vital in order for us to be successful. Obviously, we have a short turnaround. We play Phoenix and we owe them so we have to have a short memory, also we have to learn from this and keep in mind the mistakes we made from this game so we don't make the same ones."

SKY GUARD ALLIE QUIGLEY

On how the rest of the backcourt guards can step up:

"I think we just have to find an identity, without her [Courtney Vandersloot] when she's on the bench. It's going to be five minutes, seven minutes a game, 10 minutes. We have to really figure out how to play good without her and that's using each other. We have to move the ball. We have to just do what we're good at, and we have to figure that out as a team."

On the quick turnaround ahead of Wednesday's game:

"We got to think about it for a second just to improve and get better. But at the same time the next one's coming quick so we can't lose our confidence too much. You just gotta get back to our game and get a win. Seattle's, obviously the best team in the league right now so we're not where we want to be. But it's early still so I think we still have time to make improvements and get to where we want to be and towards the end of the season."

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