

# **Center Stefanie Dolson**

## **Media Availability**

### **July 12, 2020**



#### **On how training camp in Florida has been**

“Training camp’s been really good. Everyone’s really tuned in, focused. Excited to be here. Excited to work. It’s been a little hard because we have a lot of new players. Well, a few new players. And so we’re just trying to get chemistry built. But otherwise, we’re just all playing hard.”

#### **On her return to basketball after suffering from COVID-19**

“I feel good. I feel really good. I think because I was not lucky but lucky enough to get it right when everything kind of started. I’ve had a lot of time to recover and my body has just got back to normal. So being able to be in Chicago and workout and then now start practicing and stuff. I feel really good. Not in the best shape my life but trying to get there so still working.”

#### **On how long it took her to start working out again**

“It took about a month, a month and a half. I was just really tired. The whole kind of shortness of breath and stuff, that took the longest to recover from so it was about a month and a half.”

#### **On her experience in the bubble**

“I don’t think I had any reservations. I think for me I have a pretty level head when it comes to just being in a pandemic. I mean, it’s all pretty unknown. So it was a work in progress. I knew coming into it that our league and IMG would do anything that needed to be done. If there was any issues when we were here. No matter what, you know that they would they would fix the problem or solve it. So coming I didn’t have any reservations, and then now that I’m here I think IMG and the league have done a great job of accommodating the people. The living area for some

of us has been great. The practice facility is really nice. So, overall I think it took a long time to get here but I’m really glad to be here now.”

#### **On if she’s worried about going stir crazy**

“Well, lucky for me, I am rooming with [Courtney] [Vander]Sloot, Allie [Quigley] and Gabby [Williams]. We play card games every night. I do jigsaw puzzles every day. We have other game nights with the whole team. Tonight we’re having taco night so we’re just doing our best to kind of stay busy no matter what so that we don’t go stir crazy.”

#### **On what she compares this experience to**

“No, but I do think it’s similar to like if you took college and you added like a summer camp to it. That’s what it is but as adults. So I can’t say it’s anything like I’ve ever done. But it is similar to some things I’ve done as a younger self as my younger self. So it’s a little hard. It’s a little weird being around, seeing teams everywhere we go. Some people I’ve seen, we’ve kind of made a pact where we don’t have to say hi every time I see them because I think I see Sue Bird the other day four or five times in one day. So it’s a little weird but it’s gonna take some getting used to.”

#### **On what part of her game she’s focused on**

“I think coming here, when it comes to my game honestly I think it was just my

conditioning. I think this whole season, being that it's just like none that we've ever done before. And the fact that we had so much time to be home and doing all of our home workouts and stuff. After being off for about two months my conditioning has definitely gone down so I think for me coming here and focusing on that has been my biggest thing. I have all the moves in the world but if I can't run, if I can't fight through being tired then it doesn't matter what I can or can't do. So just focusing on that and then your other question coming here...I would say honestly bathing suits was my main thing. I brought like 10 of them because it's really hot here."

### **On the daily schedule**

"Pretty basic. Obviously depends on what time practices [are]. [The] last couple days we had 5 p.m. practices which were tough. I used to hate them when I was in college but I hate them more now that I'm older, because by 5 p.m. all I want to do is lie on the couch. So those days we just try to make sure that we're doing something in the house during the day and then we practice. Today we had a 9 a.m. practice so we got to just kind of bang it out in the morning and now we have the day to do whatever, some of us might be at the pool. We have an off day tomorrow so they have a golf course here. Like I said before, just trying to find activities to do during the off-time... You have your practice schedule and that's basically it. There are scheduled times for meals. If people choose to do what they are calling as a training table. So, that's like a scheduled time but you can go get the food whenever you want."

### **On establishing chemistry with new players**

"I think right now from what I'm seeing from practices and stuff is just a lot of game-like situations. I think that's the only way and the best way that you can really build chemistry is just by playing. Getting reps and drills. Getting reps in five-on-five, playing, scrimmaging. So we're just trying to do everything that we can in practices so that we can just build that chemistry as quickly as we can."